



Cavendish Road *State High School* NETBALL ACADEMY

The Netball Academy runs as part of the Health and Physical Education curriculum, with students participating in netball instead of regular HPE classes three times a week. Since its inception in 1999, the Netball Academy has developed a strong reputation in the community and forms a significant part of the tradition and reputation of the school.

ACADEMY AIMS

The Netball Academy aims to offer a challenging but enjoyable program by providing students with:

- The opportunity to develop their netball skills to a highly competitive level, in a positive and supportive environment.
- Access to expert coaching and personalised training to maximise learning and performance outcomes.
- Conditioning, technical and tactical skills that are developed over the four year course.
- Opportunities to develop teamwork and leadership skills in a variety of settings.
- Targeted support to excel in netball whilst maintaining academic performance.
- Education on health and personal development, such as mental health, identity and relationships, plus specific netball-related elements such as performance analysis, nutrition, and sport psychology.



STUDENT OPPORTUNITIES

Netball Academy students have the opportunity to compete in a variety of tournaments and tours, including:

HEY Tournament
Vicki Wilson Cup & Shield
Super 7 Netball
Indoor Netball Competition
Interschool Netball

Recent tours:
2013 New Zealand Tour
2015 Netball World Cup, Sydney
2017 International Netball Festival, Fiji



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COACHING STAFF

Jacqui Russell: South District U19 Coach, MDNA State Age Premiership Coach. Playing Experience: SC Lightning Training Partner, QLD Firebirds, Australian Institute of Sport, English Super League, QLD Fusion

Sally Butters: South District U15 Coach, Met East U15 Coach. Playing Experience: England Roses, Australian Institute of Sport, English Super League, QLD Fusion

Bec Gardiner: South District Coach, Netball Australia Intermediate Level Coach, Cav Road Head of Student Wellbeing

2017 SUCCESS

Interschool: 5 South District premierships and 2 Metropolitan titles.

Rep:15 girls playing representative netball across 6 different associations.

Tour: U18 team achieved 3rd place in Fiji International Netball Festival

Leadership: The Netball Academy is renowned for producing a high percentage of school captains and prefects, with 5 of the 7 female school leaders in 2017 coming through the Netball Academy.



ASSOCIATED PARTNERS

The Netball Academy has a community partnership with High Energy Events, and supportive relationships with Netball Queensland and Metropolitan Districts Netball Association.



2018 KEY DATES

2019 Year 7 Trial Day 1—Friday May 4

2019 Year 7 Trial Day 2—Thursday June 7

Students must complete the Sport Academy application form available on the school website, attend one trial day and attend a school enrolment interview to be eligible for selection into the Netball Academy.

Any enquiries should be directed to Jacqui Russell (Academy Director) via email at jlrs0@eq.edu.au or 3394 0777.

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